

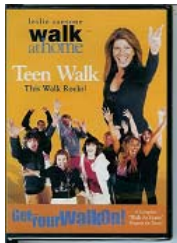
Fitness



- **Catalog # SSP-FIT-1.1**
- **Donated By: Leslie Sansone**
- **Estimated Retail Value: Not Available**
- **Opening Bid: \$5/- (2 units available)**

Item Description:

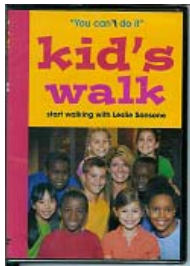
Walk @ Home Family Walk DVD.



- **Catalog # SSP-FIT-1.3**
- **Donated By: Leslie Sansone**
- **Estimated Retail Value: Not Available**
- **Opening Bid: \$5/- (2 units available)**

Item Description:

Walk @ Home Teen Walk DVD.



- **Catalog # SSP-FIT-1.5**
- **Donated By: Leslie Sansone**
- **Estimated Retail Value: Not Available**
- **Opening Bid: \$5/- (2 units available)**

Item Description:

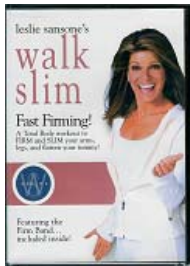
Walk @ Home Kid's Walk DVD.



- **Catalog # SSP-FIT-1.7**
- **Donated By: Leslie Sansone**
- **Estimated Retail Value: Not Available**
- **Opening Bid: \$5/-**

Item Description:

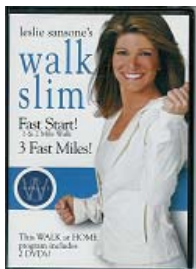
Walk Slim – 4 Fast Miles DVD.



- **Catalog # SSP-FIT-1.8**
- **Donated By: Leslie Sansone**
- **Estimated Retail Value: Not Available**
- **Opening Bid: \$5/-**

Item Description:

Walk Slim – Fast Firming DVD.



- **Catalog # SSP-FIT-1.9**
- **Donated By: Leslie Sansone**
- **Estimated Retail Value: Not Available**
- **Opening Bid: \$5/-**

Item Description:

Walk Slim – 3 Fast Miles DVD.



- **Catalog # SSP-FIT-1.10**
- **Donated By: Leslie Sansone**
- **Estimated Retail Value: \$20/-**
- **Opening Bid: \$5/-**

Item Description:

Walk Away your waistline DVD.



- **Catalog # SSP-FIT-1.11**
- **Donated By: Leslie Sansone**
- **Estimated Retail Value: \$20/-**
- **Opening Bid: \$5/-**

Item Description:

3 Mile Weight Loss Walk DVD.



- **Catalog # SSP-FIT-2**
- **Donated By: North West YMCA**
- **Estimated Retail Value: \$230/-**
- **Opening Bid: \$75/-**

Item Description:

One month family membership + enrollment for new members only



- **Catalog # SSP-FIT-3**
- **Donated By: Airborne Gymnastics**
- **Estimated Retail Value: \$93/-**
- **Opening Bid: \$40/-**

Item Description:

Tuition for first month of gymnastics lessons.

Special Instructions: New students only

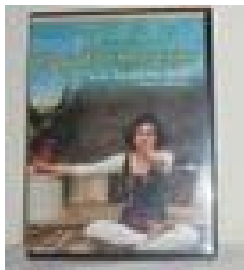


- **Catalog # SSP-FIT-4**
- **Donated By: Sai Devotee**
- **Estimated Retail Value: \$40/-**
- **Opening Bid: \$10/- (2 units available)**

Item Description:

1 month membership at Curves.

Special Instructions: New Members only. Valid only at two locations – 717 E. El Camino Real Sunnyvale CA 94087 / 1055 Monroe Street, Santa Clara, CA 95050.



- **Catalog # SSP-FIT-5.1**
- **Donated By: Vasanthi Bhat**
- **Estimated Retail Value: \$20/-**
- **Opening Bid: \$10/-**

Item Description:

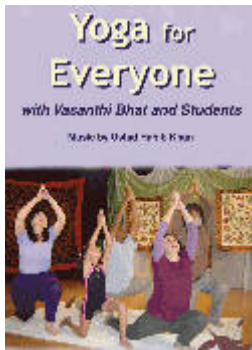
Yoga for eyes DVD



- **Catalog # SSP-FIT-5.2**
- **Donated By: Vasanthi Bhat**
- **Estimated Retail Value: \$20/-**
- **Opening Bid: \$10/-**

Item Description:

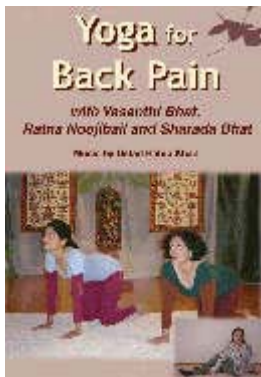
Yoga for busy people DVD



- **Catalog # SSP-FIT-5.3**
- **Donated By: Vasanthi Bhat**
- **Estimated Retail Value: \$20/-**
- **Opening Bid: \$10/-**

Item Description:

Yoga for everyone DVD



- **Catalog # SSP-FIT-5.4**
- **Donated By: Vasanthi Bhat**
- **Estimated Retail Value: \$20/-**
- **Opening Bid: \$10/- (2 units available)**

Item Description:

Yoga for back pain DVD



- **Catalog # SSP-FIT-5.6**
- **Donated By: Vasanthi Bhat**
- **Estimated Retail Value: \$20/-**
- **Opening Bid: \$10/-**

Item Description:

Yoga for Stress Management DVD



- **Catalog # SSP-FIT-5.7**
- **Donated By: Vasanthi Bhat**
- **Estimated Retail Value: \$20/-**
- **Opening Bid: \$10/- (2 units available)**

Item Description:

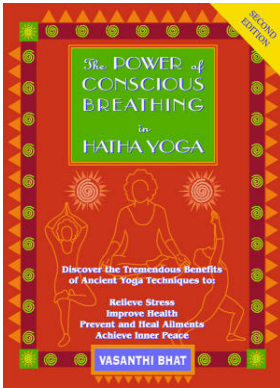
Weight Loss Program with Hatha Yoga DVD



- **Catalog # SSP-FIT-6**
- **Donated By: Vasanthi Bhat**
- **Estimated Retail Value: \$20/-**
- **Opening Bid: \$10/- (5 units available)**

Item Description:

Meditation CD + Book



- **Catalog # SSP-FIT-7**
- **Donated By: Vasanthi Bhat**
- **Estimated Retail Value: \$22/-**
- **Opening Bid: \$10/- (2 units available)**

Item Description:

The Power of Conscious Breathing in Hatha Yoga Book



- **Catalog # SSP-FIT-8**
- **Donated By: Sun & Moon Wellness Center**
- **Estimated Retail Value: \$150/-**
- **Opening Bid: \$60/- (4 units available)**

Item Description:

Private session for group of 6 people (friends/family) at a unique healing center for stress relief, weight loss and chronic pain control. Experience 30 mins of treatment and instruction on trigger points for ear acupressure, shoulder/neck massage and optional acupuncture at Sun & Moon Wellness Center in West San Jose, CA. Appointments available on Wed 7-8pm.

Valid through Nov 2008



- **Catalog # SSP-FIT-9**
- **Donated By: Sun & Moon Wellness Center**
- **Estimated Retail Value: \$150/-**
- **Opening Bid: \$40/- (6 units available)**

Item Description:

Detoxification, pain relief and good health acupuncture and/or massage treatment @ San Jose, CA.

Valid through Nov 2008



- **Catalog # SSP-FIT-10**
- **Donated By: Sun & Moon Wellness Center**
- **Estimated Retail Value: \$250/-**
- **Opening Bid: \$60/- (6 units available)**

Item Description:

2 hour consultation and full body exam that consists of physical exam, neurological exam, weight analysis, tongue and pulse diagnosis and meridian analysis @ West San Jose, CA

Valid through Nov 2008



- **Catalog # SSP-FIT-11**
- **Donated By: Sun & Moon Wellness Center**
- **Estimated Retail Value: \$150/-**
- **Opening Bid: \$40/- (6 units available)**

Item Description:

Entitled to **TEN** Tai Chi / Qigong classes at West San Jose, CA.

Valid through Nov 2008
